

# PHYSICIAN

## Dr. Terry Maresca University of Washington School of Medicine

*“Seed saving is science. Some of the science comes from elders and some is from these experiments that you’re continuously doing. It wasn’t a class – it’s just part of life and it’s a responsibility.”*

#ShelsSTEM

Dr. Terry Maresca, MD, is a physician and professor of family medicine. As a member of the Kanien’kehá:ka people, (whose lands span upstate New York and southeast Canada), she brings Indigenous practices to her work – including seed saving and plant medicine.

**FUN FACT: Dr. Maresca has been to all 50 states. Besides her home state of New York, her favorite is Arizona.**

