

EPIDEMIOLOGIST

Astrid Suchy-Dicey
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“I didn’t want to focus solely on individuals, but instead look at the health and well-being of whole populations. The reason I do what I do is because I’m interested in social justice. I want to help improve the world, even if it’s just a tiny bit.”

#ShelsSTEM

As an epidemiologist, Astrid studies health and disease in whole populations. In many ways, it’s like being a physician but rather than focusing on one person at a time, she looks at large groups of people all at once. Astrid’s specialty centers around long-lasting diseases that affect the heart, kidneys, and brain, all diseases related to blood. Most recently, she’s focused on learning more about how the health of our brains changes in the long term.

FUN FACT: Astrid's work focuses a lot on supporting and learning about minority communities and how the disparities in economic and educational opportunities may affect their health.

